

**Good News Welfare Society's
Arts & Commerce First Grade College Kalaghatgi-581204.**

To,
The principal
GNWS Arts and Commerce First Grade College
Kalaghatgi.

Sub: "Request for Permission to Organize Special Guest Lecture on
Mental health and Prevention of suicide"

Dear Sir,

N.S.S, Red Cross, Anti Raging Unit have planned to organize Special lecture on Mental health and Prevention of suicide on 7/01/2026 at 12:00 pm. This lecture aims to provide valuable insights into the importance of Mental health and prevention of suicide. We kindly request your approval and support this endeavour.

Thanking you,


(S.B. Hebbalimath)

Date: 06/01/2026
Place: Kalaghatgi


(M.B. Ullegadda)

Permitted

06/01/26


6/1/26

Co-Ordinator

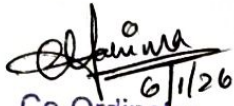
Internal Quality Assurance Cell
Good News Welfare Society's Arts & Commerce
First Grade College Kalaghatgi-581204

**Good News Welfare Society's
Arts & Commerce First Grade College Kalaghatgi-581204.**

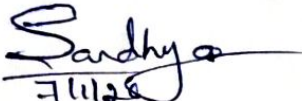
Notice to Student

N.S.S, Red Cross, Anti Raging Unit organized a Special Guest Lecture on Mental health and Prevention of suicide on 07-01-2026 at 12:00 pm. Therefore, all the students are hereby informed to attend the same without fail.

Date: 06/01/2026

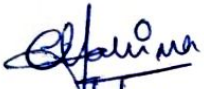

6/1/26
Co-Ordinator
Internal Quality Assurance Cell
Good News Welfare Society's Art & Commerce
First Grade College, Kalaghatgi-581204


Principal
PRINCIPAL 06/01/26
Good News Welfare Society's
Arts & Commerce First Grade College
KALAGHATGI - 581 204


7/1/26
Akshara
6-1-26


6/1/26


6-1-26
6-1-26
6-1-26


6/1/26


6/1/26

Good News Welfare Society's
Arts & Commerce First Grade College
Kalaghatgi-581 204.

IQAC Initiative...

NSS Unit, Red Cross Unit, Anti Raging Unit

Organizes

Special Lecture

On

Mental Health and Prevention of Suicide

Resource Person : Shri. S.N.Kattimani

Department of Sociology

GNWS Arts and Commerce First Grade College, Kalaghatgi

Chief Guest : Shri. Paramanand Dundi

President : Dr. M.D.Horakeri

Principal, GNWS Arts and Commerce First
Grade College, Kalaghatgi

Presence : Smt. Mahima Dhupad

IQAC- Coordinator

7th January, 2026

Time: 12-00 pm.

Hall No: 2

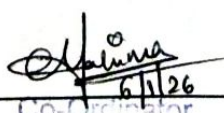
Welcome to All


S.B.Hebballimath & M.B.Ullagaddi

Dr.M.D.Horakeri

Organizing Secretary

Principal


Co-Ordinator


PRINCIPAL

Internal Quality Assurance Cell
Good News Welfare Society's Arts & Commerce
First Grade College, Kalaghatgi-581204

Good News Welfare Society's
Arts & Commerce First Grade College,
KALAGHATGI - 581 204

Good News Welfare Society's
Arts & Commerce First Grade College Kalaghatgi-581 204.
IQAC Initiative...
NSS Unit, Red Cross Unit, Anti Raging Unit

Organizes
Special Lecture on
Mental Health and Prevention of Suicide
Date: 07-01-2026 Time: 12.00pm Venue: Hall No.2

Agenda

Sl. No.	Item	Performed by	Time allotted
1	Prayer	Kumar. Shivanand Badiger	3 Minutes
2	Welcome Speech	Shri. M.B.Ullagaddi	5 Minutes
3	Resource Person	Shri. S. N. Kattimani Dept. of Sociology GNWS Arts and Commerce First Grade College, Kalaghatgi	
3	Chief Guest Speech	Shri. Paramanand Dhundi GFGC, Yellapur	40 Minutes
4	Presidential Remarks	Dr. M. D. Horakeri Principal Good News Welfare Society's Arts & Commerce First Grade College Kalaghatgi	3 Minutes
5	Vote of Thanks	Shri. Shashidhar Hebbalimath	2 Minutes
National Anthem			
Hosting - Tanuja Harijan			


Co-Ordinator
Internal Quality Assurance Cell
Good News Welfare Society's Art & Commerce
First Grade College, Kalaghatgi-581204


PRINCIPAL
Good News Welfare Society's
Arts & Commerce First Grade College
KALAGHATGI - 581 204

Report on Special Lecture on Mental Health and Prevention of Suicide

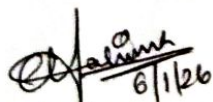
Good News Welfare Society's Arts & Commerce First Grade College, Kalaghatgi, under the **IQAC initiative**, in collaboration with the **NSS Unit, Red Cross Unit, and Anti-Ragging Unit**, organized a **Special Lecture on "Mental Health and Prevention of Suicide"** on **07 January 2026 at 12.00 PM** in **Hall No. 2**.

The programme commenced with a **prayer** rendered by *Kumar Shivanand Badiger*. *Shri M. B. Ullagaddi* delivered the **welcome address**, highlighting the importance of mental health awareness among students. The session was enriched by the presence of the **resource person**, *Shri S. N. Kattimani*, Department of Sociology, GNWS Arts and Commerce First Grade College, Kalaghatgi.

The **Chief Guest**, *Shri Paramanand Dhundi*, GFGC, Yellapur, delivered an insightful speech emphasizing mental well-being, stress management, and the importance of early intervention to prevent suicide. His address created awareness and encouraged students to seek help without hesitation.

The programme was presided over by *Dr. M. D. Horakeri*, Principal, GNWS Arts & Commerce First Grade College, Kalaghatgi, who gave his **presidential remarks**, stressing the role of educational institutions in promoting mental health support systems. The programme concluded with a **vote of thanks** by *Shri Shashidhar Hebbalimath*. The session was smoothly **hosted by Tanuja Harijan** and ended with the **National Anthem**.

The programme was informative and beneficial, creating awareness about mental health and preventive measures against suicide among students and staff.


6/1/26

Co-Ordinator

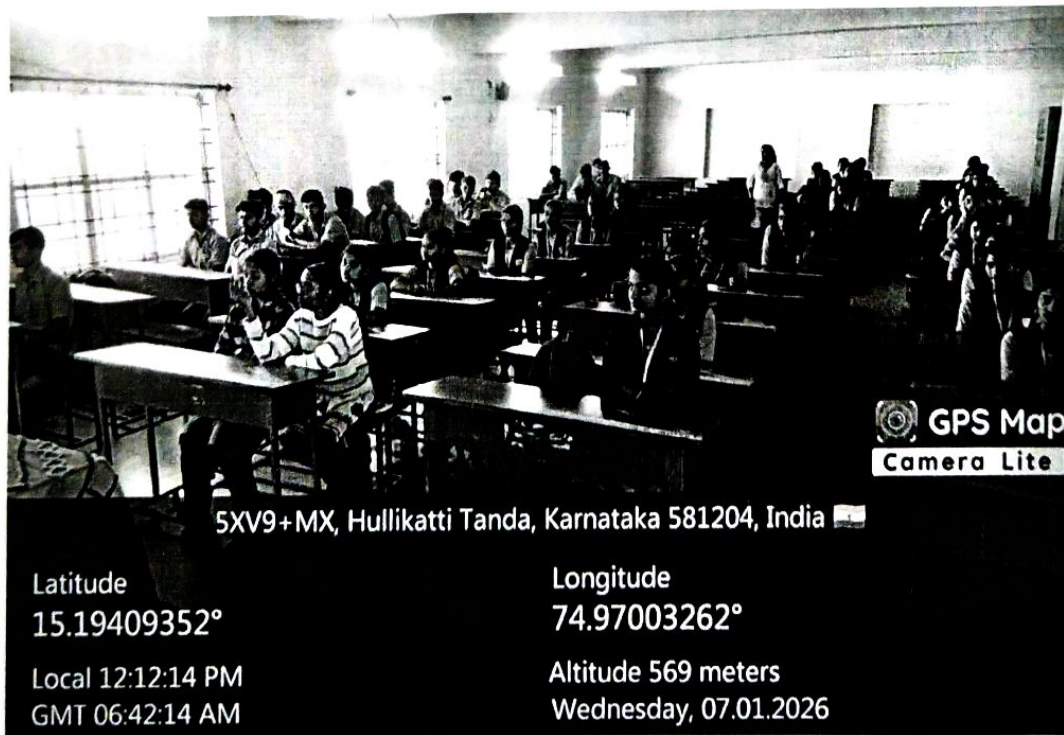
Internal Quality Assurance Cell
Good News Welfare Society's Art & Commerce
First Grade College, Kalaghatgi-581204



PRINCIPAL

Good News Welfare Society's
Arts & Commerce First Grade College
KALAGHATGI- 581204

Mental Health and Prevention of Suicide



[Signature]
Co-Ordinator
Internal Quality Assurance Cell
Good News Welfare Society's Arts & Commerce
First Grade College, Kalaghatgi-581204

[Signature]
PRINCIPAL
Good News Welfare Society's
Arts & Commerce First Grade College
KALGHATGI - 581 204



5XV9+MX, Hullikatti Tanda, Karnataka 581204, India

Latitude

15.19410216°

Local 12:18:07 PM

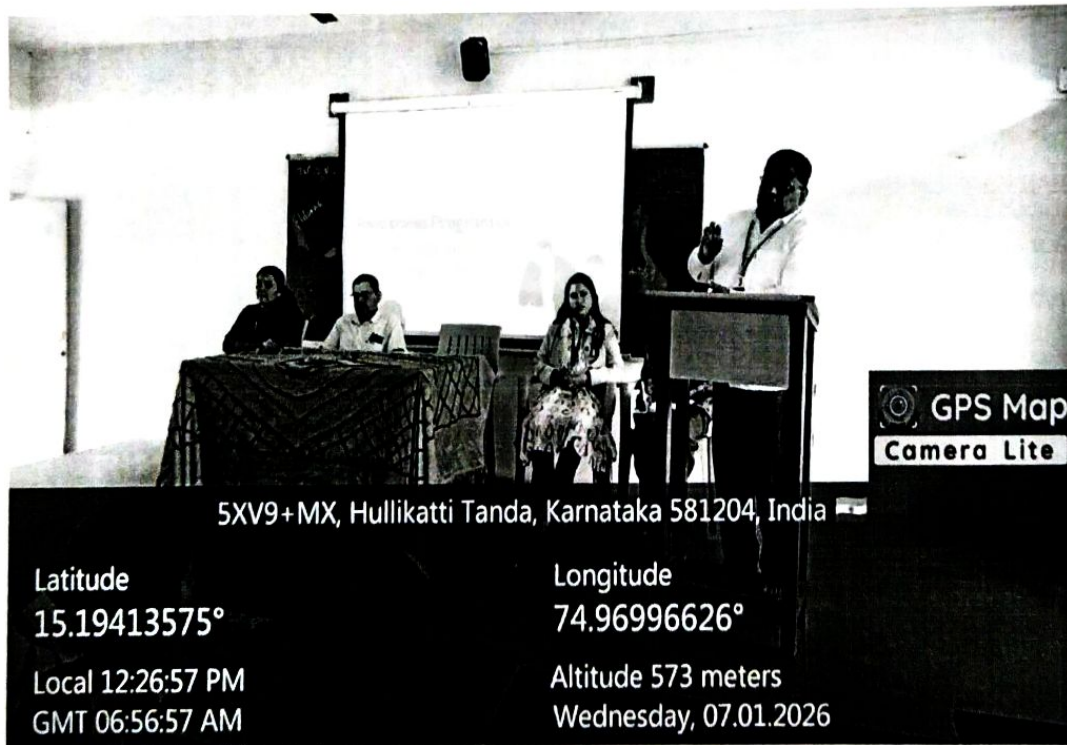
GMT 06:48:07 AM

Longitude

74.96983189°

Altitude 573 meters

Wednesday, 07.01.2026



5XV9+MX, Hullikatti Tanda, Karnataka 581204, India

Latitude

15.19413575°

Local 12:26:57 PM

GMT 06:56:57 AM

Longitude

74.96996626°

Altitude 573 meters

Wednesday, 07.01.2026

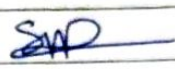
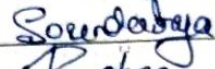
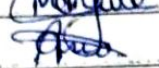
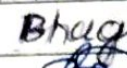
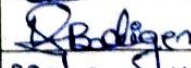
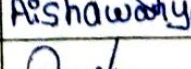
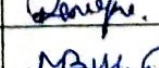
Salina
Co-Ordinator 6/1/26
Internal Quality Assurance
Good News Welfare Society's Arts & Commerce First Grade College, Kalahatti - 581204

Good News Welfare
PRINCIPAL 5/1/26
Good News Welfare Society's
Arts & Commerce First Grade College
KALAHATTI - 581 204

GOOD NEWS WELFARE SOCIETY'S
ARTS AND COMMERCE FIRST GRADE COLLEGE KALAGHATGI- 581204

EVENT	Mental Health and prevention of Suicide
ORGANIZED BY	NSS Unit, Red cross unit, Anti Raging Unit
DATE	07/01/2026

STUDENT SIGNATURE LIST

S. NO	STUDENT NAME	CLASS	SIGNATURE
1	Sovita. M. Pusadannavar	B.com I st year	
2	Asati. A. Tahashildar		
3	Ashwini. C. Malagi	BA 2 nd sem	
4	Souandarya. S. Milkis	BA I st sem	
5	Pavitra. K. Tahashildar	B.com I st sem	
6	Manjula F. Haraspanakelli	B.A 1 st sem	
7	Annapurna K. R. Math	B.A 1 st sem	
8	Bhagya A. Patil	B.com I st sem	
9	Sahar. B. Mithaiyar	B.com I st sem	
10	Laxmi. I. Suraginath	B.A III rd sem	
11	Rajeshwari. P. K. K. K.	"	
12	Manjula. K. K. K.	BA II nd sem	
13	Pavitra. B. K. K.	"	
14	Soubhagya K. K. K.	"	
15	Sivamma. S.	"	
16	Megha. Sali	"	
17	Ashwini B. Chikkamath	B.com III rd sem	
18	poopa. Telaginamane	"	
19	Savitri. I. Rangapur	"	
20	Kavari. H. Kanteppanavar	BA I st sem	
21	Ashwini. K. Bhajantori	B.A 1 st sem	
22	Pavitra. S. Yargoppad	B.com I st sem	
23	Vijayalaxmi. K. Badiger	B.com I st sem	
24	Aishawarya. Jharwad	B.com I st sem	
25	Renuka. B. K. K.	"	
26	Manjunath. B. M. K. K.	B.com I st sem	

27	Ghoxanappa B. Bisonalli	B.A. 4sem	~~Sh~~
28	PRAVEEN M. BAIKOPPA	B.A. 1sem	Praveen
29	Ghoushekar, J. Meti	B.A. 1st Sem	~~Sh~~
30	Ashok. G. Dhaniyach	B. com 1st year	Ashok
31	Sagar R. Halliketi	B. com 1st year	~~SR~~
32	Praveen B. Keriakal	B.A. 1st year	~~P~~
33	Abhishhek M. Badappa Navar	B. com 1st year	~~AB~~
34	Shivraj. M. Dodamani	B. com 1st year	Shivraj
35	Santosh L. Rayapat	B.A. 2nd	~~SP~~
36	Sudeep P. S. Prayoppo Navar	B.A. 1st	~~SD~~
37	Akshay Avannavar	BA 1st	Akshay
38	Shambhuling Byaratti	B.A. 1st	S.V.B
39	Kalmesh. Koni	B.A. 1st	~~K~~
40	Kadri K. M. K	B.A. 2nd	~~K~~
41	Kalmesh, M. Danner	B.A. 1st	~~K~~
42	Vijay V. Lamani	B.A. 1st year	Vijay
43	Dhoolappa. S. KAMADHENU	B.A. 1st year	Dhoolappa
44	Fakkivish. M. Nellikaravi	B. com 1st year	Fakkivish
45	Preeti. P. Hulihond	B. com 1st year	Preeti
46	Trisha. R. Bhargava	B. com 1st year	Trisha
47	Ashwini, B. Bandivadkar	B. com 1st	Ashwini
48	Preeti. S. Goudannavar	"	Preeti
49	Chaitra J. Hiremath	"	Chaitra
50	Nandita Valishetty	"	~~N~~
51	Annapurna Rati	"	Annapurna
52	Aishwarya Y. Dodamani	B.A. 1st year	~~A~~
53	Deepa Walikar	"	Deepa
54	Nagmeeri. M. M	B. com 1st year	~~N~~
55	Swarna. S. V.	B.A. 1st	Swarna
56	Marina P. K	"	~~M~~
57			
58			
59			
60			


 Co-Ordinator
 Internal Quality Assurance Cell
 Good News Welfare Society's Art & Commerce
 First Grade College, Kalaghatgi-581204

10/10/2016
 PRINCIPAL
 Good News Welfare Society's
 Arts & Commerce First Grade College,
 Kalaghatgi-581204