

GOOD NEWS WELFARE SOCIETY'S
ARTS AND COMMERCE FIRST GRADE COLLEGE
KALGHATGI-581204

3.4.1

To.
The Principal
GNWS Arts and Commerce First Grade College,
Kalaghatgi – 581 204

Dear Sir,

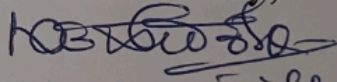
Sub: Permission to organize world yoga Day

With reference to the above subject, we would like to organize world yoga Day collaboration with NSS and I.Q.A.C, on 25-6-2019 at college Auditorium Hall at 11:45 am by NSS, I and II Unit, Rover Scouts, Red cross with collaboration with IQAC, on 25-6-2019 in college Auditorium Hall at 10:00 am. Therefore, please grant permission and oblige for the Academic assignment.

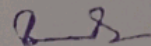
Thanking You.

DATE:25-6-2019

Yours Faithfully,


Programme Officer
N.S.S.

Permitted



PRINCIPAL

Good News Welfare Society's
Arts & Commerce First Grade College
Kalaghatgi-581204.

**GOOD NEWS WELFARE SOCIETY
ARTS AND COMMERCE FIRST GRADE COLLEGE KALGHATGI-581204**

NOTICE

We hereby inform to you all that we are organizing world yoga Day collaboration with NSS and I.Q.A.C, on 25-6-2019 at college Auditorium Hall at 11:45 am. So, all B. A and B. Com students are requested to attend the program.

Date: 24-06-2019



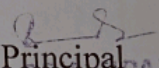
Principal
PRINCIPAL
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Kalghatgi-581204.

[Handwritten signatures]

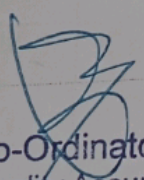
**GOOD NEWS WELFARE SOCIETY
ARTS AND COMMERCE FIRST GRADE COLLEGE KALGHATGI-
581204
AGENDA**

1.	Prayer	Kumari Priya Pannakar
2	Welcome and Introduction	Kumar Prakash Lamani
3	Flower Distribution	(By college students) Dr. B. G. Biradar Rev. Br. Niju Thomas Dr. V. R. Betgar Prof G. R. Soolibhavi Prof. Anita Bhat Prof. S. R. Yemmi
4	Encouraging words	Dr. B. G. Biradar
5	Presidential Speech	Rev. Br. Niju Thomas
6	Vote of thanks	Kumari Vijayalaxmi Yalival
7	M.O.C	Kumari Priya Pannakar

Date: 25-06-2019


Principal

Good News Welfare Society's
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Kalaghatgi-581204.


Co-Ordinator
Internal Quality Assurance Cell
Good News Welfare Society's Art & Commerce
First Grade College, Kalaghatgi-581204

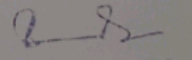


chetanakumar Unakal	Brom II	Chetan
Ningappa Hosaman	Brom III	Ningappa
Annappa harijan	Brom II	Annappa
sunil Bajantri	Brom II	Sunil
Hakik'rappa Hebhal	Brom II	Hebhal
Renuka mukkal	Brom III	Renuka
Akshata Nikkam	Brom II	Akshata
Jayalaxmi Hiremath	Brom II	Jayalaxmi
Prema Tadas	Brom II	Prema
Sarjoy Prapapur	Brom II	Sarjoy
shridevi Masarak	Brom II	shridevi
Pooja Teerannalax	Brom II	Pooja
Kardikoppa Amrta	Brom II	Kardikoppa
Anand Horakeri	Brom II	Anand
Jagadish Hiremath	Brom III	Jagadish
Basavenaj Badiger	Brom II	Basavenaj
Nikhil Basti	Brom II	Nikhil
Prabhulinga hosaval	Brom II	Prabhulinga
Shankar Gurunath	Brom II	Shankar
Parddeep Hiremath	Brom II	Parddeep
Vijay Tadas	Brom II	Vijay


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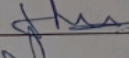
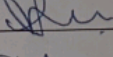
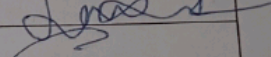
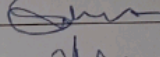
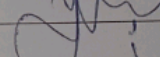
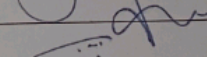
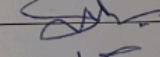
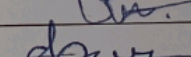
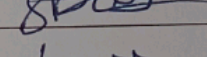
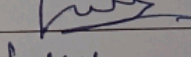
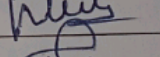
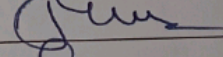
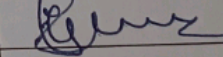
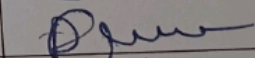
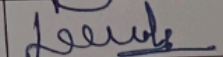
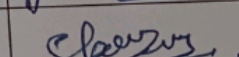
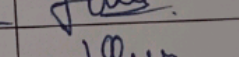



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Art & Commerce First Grade College
Kalaghatgi, Kalaghatgi

**GOOD NEWS WELFARE SOCIETY'S
ARTS AND COMMERCE FIRST GRADE COLLEGE,
KALAGHATGI**

Event	World Yoga day
Date	25/06/2019
Organized by	NSS, F&AC
Topic	

Sl. No.	Name of the Student	Class	Signature
1.	Ronad, m. Babusab	BA.I	
2.	Mugali, A. Hanomath	BA.I	
3.	harish. hemani.	BA.I	
4.	Shweta moham.	BA.II	
5.	nagaraj, kamatar	BA.I	
6.	harmi. kelagepi.	BA.I	
7.	Shweta. mustagi	BA.I	
8.	yallappa. SAMBOJE.	BA.I	
9.	Jyoti. Sullad.	BA.I	
10.	Shilpa. patil.	BA.II	
11.	Uday. Tegoor.	BA.I	
12.	Savitree. chavarar	BA.II	
13.	Pooja. kulekar.	BA.II	
14.	Deepa. Goudra.	BA.I	
15.	Laxmi Shigikalli	BA.I	
16.	Pooja. Bhovivada	BA.I	
17.	sangay. hanchinen	BA.II	
18.	Deepak. Dhavadi.	BA.I	
19.	PODDAPPA. JIMMPUR	BA.I	
20.	SHILOPP. patil.	BA.III	
21.	Deepa. Kusegal	BA.I.	

GOOD NEWS WELFARE SOCIETY
ARTS AND COMMERCE FIRST GRADE COLLEGE KALGHATGI-
581204

Report on Organizing World Yoga Day Collaboration with NSS and IQAC Date: 25th June 2019 Time: 11:45 am Venue: College Auditorium Hall

Introduction: On 25th June 2019, [Your College Name] organized a special event to celebrate World Yoga Day in collaboration with NSS (National Service Scheme) and IQAC (Internal Quality Assurance Cell). The event aimed to promote the practice of yoga among students and the wider community, emphasizing its positive impact on physical and mental well-being.

Event Schedule:

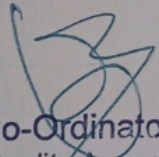
1. Prayer: The event began with a soulful prayer led by Kumari Priya Pannakar. The prayer set a serene and harmonious atmosphere, creating the perfect ambiance for the subsequent activities.
2. Welcome and Introduction: Kumar Prakash Lamani, the organizer of the event, extended a warm welcome to the participants, guests, and dignitaries. He introduced the significance of World Yoga Day and emphasized its importance in promoting a healthy and balanced lifestyle.
3. Flower Distribution: To express gratitude and honour the presence of distinguished guests, college students distributed flowers to the following individuals:
 - Dr. B. G. Biradar
 - Rev. Br. Niju Thomas
 - Dr. V. R. Betgar
 - Prof. G. R. Soolibhavi
 - Prof. Anita Bhat
 - Prof. S. R. Yemmi

This gesture symbolized respect and appreciation for their valuable contributions to the event and their support for promoting yoga.

4. Encouraging Words: Dr. B. G. Biradar, a highly esteemed yoga practitioner, delivered inspiring words that emphasized the benefits and importance of yoga in maintaining physical and mental well-being. His speech motivated the audience to incorporate yoga into their daily lives and highlighted its role in achieving overall wellness.
5. Presidential Speech: Rev. Br. Niju Thomas, the college president, delivered a thought-provoking speech on the occasion of World Yoga Day. He highlighted the significance of yoga in leading a holistic lifestyle, emphasizing its impact on stress reduction, mental clarity, and physical fitness. Rev. Br. Niju Thomas also acknowledged the efforts of NSS and IQAC in organizing the event and encouraged students to actively engage in yoga practices.

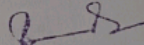
6. Vote of Thanks: Kumari Vijayalaxmi Yalival, on behalf of the organizing committee, expressed heartfelt gratitude to all participants, guests, and dignitaries for their presence and support. She acknowledged the dedication and hard work of the NSS and IQAC members in organizing the event. Kumari Vijayalaxmi Yalival also extended thanks to the college administration, staff, and volunteers who contributed to the smooth execution of the program.
7. Master of Ceremony (M.O.C): Kumari Priya Pannakar skilfully performed the role of the Master of Ceremony, ensuring the seamless flow of the event. Her excellent coordination and communication skills enhanced the overall experience for the participants.

Conclusion: The collaboration between [Your College Name], NSS, and IQAC for the celebration of World Yoga Day was a resounding success. The event provided a platform to raise awareness about the numerous benefits of yoga and encouraged students and the community to incorporate it into their daily lives. The prayers, speeches, and flower distribution added a touch of spirituality and honour to the occasion. The organizing committee expresses its sincere gratitude to all participants, guests, and dignitaries for their presence and support, making the event truly memorable.


Co-Ordinator

**Internal Quality Assurance Cell
Good News Welfare Society's Art & Commerce
First Grade College, Kalaghatgi-581204**




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**Good News Welfare Society's
Arts & Commerce First Grade College
Kalaghatgi-581204.**

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ಸಂಯುಕ್ತ ಕರ್ನಾಟಕ

ಹುಬ್ಬಳ್ಳಿ-ಧಾರವಾಡ ಅವಳಿ ನಗರ ದರ್ಶನ

ಅಮೃತಧಾರೆ

ಬುಧವಾರ, 26, ಜೂನ್, 2019



ಕಲಘಟಗಿ ಪಟ್ಟಣದ ಗುಡ್‌ನ್ಯೂಸ್ ಪ್ರಥಮ ದರ್ಜೆ ಮಹಾವಿದ್ಯಾಲಯದ ಎನ್.ಎಸ್.ಎಸ್. ಆಶ್ರಯದಲ್ಲಿ ರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನಾಚರಣೆ ಆಚರಿಸಲಾಯಿತು.

ಯೋಗಾಸನದಿಂದ ಜ್ಞಾಪಕ ಶಕ್ತಿ ವೃದ್ಧಿ

ಸಂ.ಕ. ಸಮಾಚಾರ ಕಲಘಟಗಿ
ಯೋಗದಿಂದ ರೋಗ ಮುಕ್ತಿಯೊಂದಿಗೆ
ವಿದ್ಯಾರ್ಥಿಗಳು ತಮ್ಮ ಬಾಲ್ಯಜೀವನದಿಂದಲೇ
ತೊಡಗಿಸಿಕೊಳ್ಳುವುದರಿಂದ ತಮ್ಮ ಚಂಚಲ
ಮನಸ್ಸನ್ನು ನಿಗ್ರಹಿಸಿ ಜ್ಞಾಪಕ ಶಕ್ತಿಯನ್ನು
ವೃದ್ಧಿಸಿಕೊಳ್ಳಲು ನಿರಂತರ ಯೋಗ
ಸಹಕಾರಿಯಾಗುತ್ತದೆ ಎಂದು ಪ್ರಾಚಾರ್ಯ
ಡಾ. ಬಿ.ಜಿ.ಬಿರಾದಾರ ನುಡಿದರು.

ಪಟ್ಟಣದ ಗುಡ್‌ನ್ಯೂಸ್ ಕಲಾ ಹಾಗೂ
ವಾಣಿಜ್ಯ ಪ್ರಥಮ ದರ್ಜೆ ಮಹಾವಿದ್ಯಾಲಯದ
ಆವರಣದಲ್ಲಿ ಕಾಲೇಜಿನ ಎನ್.ಎಸ್.
ಎಸ್. ಘಟಕದಲ್ಲಿ ಹಮ್ಮಿಕೊಳ್ಳಲಾದ
ರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನಾಚರಣೆ
ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ದ್ದೇಶಿಸಿ
ಮಾತನಾಡಿದ ಅವರು, ಬಾಲ್ಯದಿಂದ
ವೃದ್ಧಾಪ್ಯದವರೆಗೂ ಯೋಗವನ್ನು

ಮಾಡಬಹುದಾಗಿದೆ. ನಿರಂತರ
ಯೋಗಾಸನಗಳಲ್ಲಿ ತೊಡಗಿಸಿಕೊಂಡವರಿಗೆ
ಅವರವರ ವಯಸ್ಸಿಗನುಗುಣವಾದ ಬುದ್ಧಿ
ಮಟ್ಟವನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳಲು ಸಾಧ್ಯವಿದೆ
ಎಂದರು.

ಈ ಸಂದರ್ಭದಲ್ಲಿ ಗುಡ್‌ನ್ಯೂಸ್
ಸಂಸ್ಥೆಯ ಆಡಳಿತಾಧಿಕಾರಿ ಬ್ರ. ನಿಜು
ಥಾಮಸ್, ಎನ್.ಎಸ್.ಎಸ್. ಅಧಿಕಾರಿ
ಡಾ. ಮಹೇಶ ಹೊರಕೇರಿ, ಪ್ರೊ.
ಶಾಂತಲಾ ನಾಯಕ, ಪ್ರೊ. ಅನಿತಾ ಭಟ್ಟ,
ಮಹದೇವ ಉಳ್ಳಗಡ್ಡಿ, ಬಸವರಾಜ
ಹುಲಿಕಟ್ಟಿ, ಲವಲಿ ಪ್ರಭಾ, ಲುಕಾಸ
ಲೂಪಿಸ, ಕೆ.ಎ. ನದಾಫ್, ಮಾಹದೇವಿ
ಬಡಿಗೇರ, ರೇಖಾ ಅಂಚಟಗೇರಿ ಸೇರಿದಂತೆ
ಮಹಾವಿದ್ಯಾಲಯದ ವಿದ್ಯಾರ್ಥಿಗಳೆಲ್ಲರೂ
ಪಾಲ್ಗೊಂಡು ಯೋಗಾಸನ ಮಾಡಿದರು.

Co-Ordinator
Co-Ordinator
Internal Quality Assurance Cell
Good News Welfare Society's Art & Commerce
First Grade College, Kalaghatgi-581204



PRINCIPAL

Good News Welfare Society's
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Kalaghatgi-581204.

24/6/19

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ನಂ. 1 ಕನ್ನಡ ದಿನಪತ್ರಿಕೆ
ವಿಜಯವಾಣಿ

• VIJAYAVANI » HUBBALLI
ಬುಧವಾರ 26 ಜೂನ್ 2019
26 JUNE 2019

ಹುಬ್ಬಳ್ಳಿ-ಧಾರವಾಡ ಸಿಟಿ ಎಕ್ಸ್‌ಪ್ರೆಸ್

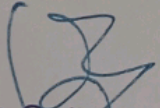
ಯೋಗದಿಂದ ರೋಗ ಮುಕ್ತ ಜೀವನ ಸಾಧ್ಯ

ಕಲಘಟಗಿ: ವಿದ್ಯಾರ್ಥಿಗಳು ಬಾಲ್ಯದಿಂದಲೇ ಯೋಗದಲ್ಲಿ ತೊಡಗಿಸಿಕೊಳ್ಳುವುದರಿಂದ ಏಕಾಗ್ರತೆ ಹಾಗೂ ಜ್ಞಾಪಕ ಶಕ್ತಿಯನ್ನು ವೃದ್ಧಿಸಿಕೊಳ್ಳಲು ಸಹಕಾರಿಯಾಗುತ್ತದೆ ಎಂದು ಪ್ರಾಚಾರ್ಯ ಡಾ. ಬಿ.ಜಿ. ಬಿರಾದಾರ ಹೇಳಿದರು.

ತಾಲೂಕಿನ ಗುಡ್‌ನ್ಯೂಸ್ ಕಲಾ ಹಾಗೂ ವಾಣಿಜ್ಯ ಪ್ರಥಮ ದರ್ಜೆ ಮಹಾವಿದ್ಯಾಲಯದ ಆವರಣದಲ್ಲಿ ಎನ್‌ಎಸ್‌ಎಸ್ ಘಟಕದಡಿ ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದ್ದ ಯೋಗ ದಿನಾಚರಣೆಯ

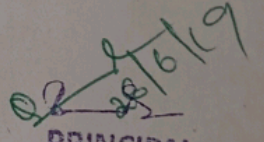
ಲ್ಲಿ ಅವರು ಮಾತನಾಡಿದರು. ಯೋಗ ಬಲ್ಲವನಿಗೆ ರೋಗವಿಲ್ಲ. ವಿದ್ಯಾರ್ಥಿಗಳು ಹಲವು ಕೆಟ್ಟ ಹವ್ಯಾಸಗಳಿಗೆ ಮಾರು ಹೋಗಿದ್ದು, ಅವರ ಆರೋಗ್ಯದ ಪರಿವೇ ಇಲ್ಲದಂತೆ ವರ್ತಿಸುತ್ತಿದ್ದಾರೆ. ಇದು ಅವರ ಶಿಕ್ಷಣದ ಮೇಲೆ ಪರಿಣಾಮ ಬೀರುತ್ತಿದೆ. ಆದ್ದರಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳು ಕೆಟ್ಟ ಹವ್ಯಾಸ ಬಿಟ್ಟು ಉತ್ತಮ ವಿದ್ಯಾವಂತರಾಗಿ ಬದುಕು ರೂಪಿಸಿಕೊಳ್ಳಬೇಕು ಎಂದು ಸಲಹೆ ನೀಡಿದರು.

ವಿದ್ಯಾರ್ಥಿಗಳು ಯೋಗಾಭ್ಯಾಸ ಮಾಡಿದರು. ಗುಡ್‌ನ್ಯೂಸ್ ಸಂಸ್ಥೆಯ ಆಡಳಿತಾಧಿಕಾರಿ ಬಿ. ನಿಜು ಥಾಮಸ್, ಎನ್‌ಎಸ್‌ಎಸ್ ಅಧಿಕಾರಿ ಡಾ. ಮಹೇಶ ಹೊರಕೇರಿ, ಪ್ರಾಧ್ಯಾಪಕಿ ಶಾಂತಲಾ ನಾಯಕ, ಪ್ರಾಧ್ಯಾಪಕಿ ಅನಿತಾ ಭಟ್ಟ, ಮಹದೇವ ಉಳ್ಳಾಗಡ್ಡಿ, ಬಸವರಾಜ ಹುಲಿಶಟ್ಟಿ, ಲವಲಿ ಪ್ರಭಾ, ಲುಕಾಸ ಲೂಪಿಸ, ಕೆ.ಎ. ನದಾಫ್, ಮಹಾದೇವಿ ಬಡಿಗೇರಿ, ರೇಖಾ ಅಂಚಟಗೇರಿ ಉಪಸ್ಥಿತರಿದ್ದರು.



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