

GOOD NEWS WELFARE SOCIETY'S
ARTS AND COMMERCE FIRST GRADE COLLEGE
KALGHATGI-581204

To.
The Principal
GNWS Arts and Commerce First Grade College,
Kalaghatgi – 581 204

Dear Sir,

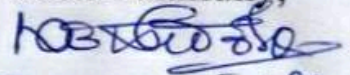
Sub: Permission to organize world yoga Day

With reference to the above subject, we would like to organize world yoga Day collaboration with NSS and I.Q.A.C, on 25-6-2019 at college Auditorium Hall at 11:45 am by NSS, I and II Unit, Rover Scouts, Red cross with collaboration with IQAC, on 25-6-2019 in college Auditorium Hall at 10:00 am. Therefore, please grant permission and oblige for the Academic assignment.

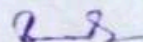
Thanking You.

DATE:25-6-2019

Yours Faithfully,


Programme officer
N.S.S.

Permitted



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**GOOD NEWS WELFARE SOCIETY
ARTS AND COMMERCE FIRST GRADE COLLEGE KALGHATGI-581204**

NOTICE

We hereby inform to you all that we are organizing world yoga Day collaboration with NSS and I.Q.A.C, on 25-6-2019 at college Auditorium Hall at 11:45 am. So, all B. A and B. Com students are requested to attend the program.

Date: 24-06-2019



Principal
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Kalghatgi-581204.

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A handwritten signature in blue ink, appearing to read "Dr. Vijay Kumar".

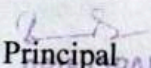
A handwritten signature in blue ink, appearing to read "Dr. Anand".

A handwritten signature in blue ink, appearing to read "Dr. Anand".

**GOOD NEWS WELFARE SOCIETY
ARTS AND COMMERCE FIRST GRADE COLLEGE KALGHATGI-
581204
AGENDA**

| | | |
|----|--------------------------|---|
| 1. | Prayer | Kumari Priya Pannakar |
| 2 | Welcome and Introduction | Kumar Prakash Lamani |
| 3 | Flower Distribution | (By college students) Dr. B. G. Biradar Rev. Br. Niju Thomas Dr. V. R. Betgar Prof G. R. Soolibhavi Prof. Anita Bhat Prof. S. R. Yemmi |
| 4 | Encouraging words | Dr. B. G. Biradar |
| 5 | Presidential Speech | Rev. Br. Niju Thomas |
| 6 | Vote of thanks | Kumari Vijayalaxmi Yalival |
| 7 | M.O.C | Kumari Priya Pannakar |

Date: 25-06-2019


Principal

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Co-Ordinator

Internal Quality Assurance Cell
Good News Welfare Society's Art & Commerce
First Grade College, Kalaghatgi-581204



GOOD NEWS WELFARE SOCIETY
ARTS AND COMMERCE FIRST GRADE COLLEGE KALGHATGI-
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Report on Organizing World Yoga Day Collaboration with NSS and IQAC Date: 25th June 2019 Time: 11:45 am Venue: College Auditorium Hall

Introduction: On 25th June 2019, [Your College Name] organized a special event to celebrate World Yoga Day in collaboration with NSS (National Service Scheme) and IQAC (Internal Quality Assurance Cell). The event aimed to promote the practice of yoga among students and the wider community, emphasizing its positive impact on physical and mental well-being.

Event Schedule:

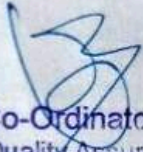
1. Prayer: The event began with a soulful prayer led by Kumari Priya Pannakar. The prayer set a serene and harmonious atmosphere, creating the perfect ambiance for the subsequent activities.
2. Welcome and Introduction: Kumar Prakash Lamani, the organizer of the event, extended a warm welcome to the participants, guests, and dignitaries. He introduced the significance of World Yoga Day and emphasized its importance in promoting a healthy and balanced lifestyle.
3. Flower Distribution: To express gratitude and honour the presence of distinguished guests, college students distributed flowers to the following individuals:
 - Dr. B. G. Biradar
 - Rev. Br. Niju Thomas
 - Dr. V. R. Betgar
 - Prof. G. R. Soolibhavi
 - Prof. Anita Bhat
 - Prof. S. R. Yemmi

This gesture symbolized respect and appreciation for their valuable contributions to the event and their support for promoting yoga.

4. Encouraging Words: Dr. B. G. Biradar, a highly esteemed yoga practitioner, delivered inspiring words that emphasized the benefits and importance of yoga in maintaining physical and mental well-being. His speech motivated the audience to incorporate yoga into their daily lives and highlighted its role in achieving overall wellness.
5. Presidential Speech: Rev. Br. Niju Thomas, the college president, delivered a thought-provoking speech on the occasion of World Yoga Day. He highlighted the significance of yoga in leading a holistic lifestyle, emphasizing its impact on stress reduction, mental clarity, and physical fitness. Rev. Br. Niju Thomas also acknowledged the efforts of NSS and IQAC in organizing the event and encouraged students to actively engage in yoga practices.

6. Vote of Thanks: Kumari Vijayalaxmi Yalival, on behalf of the organizing committee, expressed heartfelt gratitude to all participants, guests, and dignitaries for their presence and support. She acknowledged the dedication and hard work of the NSS and IQAC members in organizing the event. Kumari Vijayalaxmi Yalival also extended thanks to the college administration, staff, and volunteers who contributed to the smooth execution of the program.
7. Master of Ceremony (M.O.C): Kumari Priya Pannakar skilfully performed the role of the Master of Ceremony, ensuring the seamless flow of the event. Her excellent coordination and communication skills enhanced the overall experience for the participants.

Conclusion: The collaboration between [Your College Name], NSS, and IQAC for the celebration of World Yoga Day was a resounding success. The event provided a platform to raise awareness about the numerous benefits of yoga and encouraged students and the community to incorporate it into their daily lives. The prayers, speeches, and flower distribution added a touch of spirituality and honour to the occasion. The organizing committee expresses its sincere gratitude to all participants, guests, and dignitaries for their presence and support, making the event truly memorable.

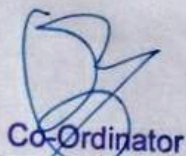


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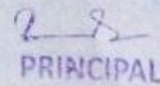


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|---------------------|----------|-------------|
| Chetanakumar Unakal | Bcom II | Chetan |
| Ningappa Hosaman | Bcom III | Ningappa |
| Annappa harijan | Bcom II | Annappa |
| Sunil Bajantri | Bcom II | Sunil |
| Hakirappa Hebhal | Bcom II | Hebhal |
| Renuka mukkal | Bcom III | Renuka |
| Akshata Nikkam | Bcom II | Akshata |
| Jayalaxmi Hiremath | Bcom II | Jayalaxmi |
| Prema Tadas | Bcom II | Prema |
| Sarjoo Prapapur | Bcom II | Sarjoo |
| shridevi Masarak | Bcom II | shridevi |
| Pooja Teerannath | Bcom II | Pooja |
| Kardikoppa Amrata | Bcom II | Kardikoppa |
| Anand Horakeri | Bcom II | Anand |
| Jagadish Hiremath | Bcom III | Jagadish |
| Basavenaj Badiger | Bcom II | Basavenaj |
| Nikhil Basti | Bcom II | Nikhil |
| Prabhulinga hosaval | Bcom II | Prabhulinga |
| Shankar Gurunath | Bcom II | Shankar |
| Pardeep Hiremath | Bcom II | Pardeep |
| Vijay Tadas | Bcom II | Vijay |



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**GOOD NEWS WELFARE SOCIETY'S
ARTS AND COMMERCE FIRST GRADE COLLEGE,
KALAGHATGI**

| | |
|--------------|----------------|
| Event | World Yoga day |
| Date | 25/06/2019 |
| Organized by | NSS, FGAC |
| Topic | |

| Sl. No. | Name of the Student | Class | Signature |
|---------|---------------------|--------|-----------|
| 1. | Ronad, M. Babusab. | BA-I | |
| 2. | Mugali, A. Hanomath | BA-I | |
| 3. | harish. hemani. | BA-I | |
| 4. | shweta moham. | BA-II | |
| 5. | nagaraj, kamatar | BA-I | |
| 6. | harimi. kelageri. | BA-I | |
| 7. | shweta. muttagi | BA-I | |
| 8. | yallappa. SAMboje. | BA-I | |
| 9. | Jyoti. Sullad. | BA-I | |
| 10. | shilpa. patil. | BA-II | |
| 11. | UDay. Teyoor. | BA-I | |
| 12. | Savitre. chavaran | BA-II | |
| 13. | Pooja. kulekar | BA-II | |
| 14. | Deepa. Goudra. | BA-I | |
| 15. | Laxmi Shigihalli | BA-I | |
| 16. | Pooja. Bhovivada | BA-I | |
| 17. | sangay. hanchinen | BA-II | |
| 18. | Deepak. Dhavadi. | BA-I | |
| 19. | PODDAPPA. Jimmpur | BA-I | |
| 20. | shilpa. patil. | BA-III | |
| 21. | Deepa. Kusegal. | BA-I. | |

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ಹುಬ್ಬಳ್ಳಿ-ಧಾರವಾಡ ಅವಳಿ ನಗರ ದರ್ಶನ

ಅಮೃತಧಾರೆ

ಬುಧವಾರ, 26, ಜೂನ್, 2019



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ನಂ. 1 ಕನ್ನಡ ದಿನಪತ್ರಿಕೆ
ವಿಜಯವಾಣಿ
 • VIJAYAVANI • HUBBALLI
 ಬುಧವಾರ 26 ಜೂನ್ 2019
 26 JUNE 2019

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ಹುಬ್ಬಳ್ಳಿ-ಧಾರವಾಡ
ಸಿಟಿ ಎಕ್ಸ್‌ಪ್ರೆಸ್

ಯೋಗದಿಂದ ರೋಗ ಮುಕ್ತ ಜೀವನ ಸಾಧ್ಯ

ಕಲಘಟಗಿ: ವಿದ್ಯಾರ್ಥಿಗಳು ಬಾಲ್ಯದಿಂದಲೇ ಯೋಗದಲ್ಲಿ ತೊಡಗಿಸಿಕೊಳ್ಳುವುದರಿಂದ ಏಕಾಗ್ರತೆ ಹಾಗೂ ಜ್ಞಾಪಕ ಶಕ್ತಿಯನ್ನು ವೃದ್ಧಿಸಿಕೊಳ್ಳಲು ಸಹಕಾರಿಯಾಗುತ್ತದೆ ಎಂದು ಪ್ರಾಚಾರ್ಯ ಡಾ. ಬಿ.ಜಿ. ಬಿರಾದಾರ ಹೇಳಿದರು.

ತಾಬಲಕಿನ ಗುಡ್‌ನೈಟ್ ಕಲಾ ಹಾಗೂ ವಾಣಿಜ್ಯ ಪ್ರಥಮ ದರ್ಜೆ ಮಹಾವಿದ್ಯಾಲಯದ ಅವರಣದಲ್ಲಿ ಎನ್‌ಎಸ್‌ಎಸ್ ಘಟಕದಡಿ ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದ್ದ ಯೋಗ ದಿನಾಚರಣೆಯಲ್ಲಿ ಅವರು ಮಾತನಾಡಿದರು. ಯೋಗ ಬಲ್ಲವನಿಗೆ ರೋಗವಿಲ್ಲ. ವಿದ್ಯಾರ್ಥಿಗಳು ಹಲವು ಕೆಟ್ಟ ಹವ್ಯಾಸಗಳಿಗೆ ಮಾರು ಹೋಗಿದ್ದು, ಅವರ ಆರೋಗ್ಯದ ಪರಿವೇ ಇಲ್ಲದಂತೆ ವರ್ತಿಸುತ್ತಿದ್ದಾರೆ. ಇದು ಅವರ ಶಿಕ್ಷಣದ ಮೇಲೆ ಪರಿಣಾಮ ಬೀರುತ್ತದೆ. ಆದ್ದರಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳು ಕೆಟ್ಟ ಹವ್ಯಾಸ ಬಿಟ್ಟು ಉತ್ತಮ ವಿದ್ಯಾವಂತರಾಗಿ ಬದುಕು ರೂಪಿಸಿಕೊಳ್ಳಬೇಕು ಎಂದು ಸಲಹೆ ನೀಡಿದರು.

ವಿದ್ಯಾರ್ಥಿಗಳು ಯೋಗಾಭ್ಯಾಸ ಮಾಡಿದರು. ಗುಡ್‌ನೈಟ್ ಸಂಸ್ಥೆಯ ಆಡಳಿತಾಧಿಕಾರಿ ಲ್ಲ. ನಿಖರ ಧಾಮಸ್, ಎನ್‌ಎಸ್‌ಎಸ್ ಅಧಿಕಾರಿ ಡಾ. ಮಹೇಶ ಹೊರಕೇರಿ, ಪ್ರಾಧ್ಯಾಪಕಿ ಶಾಂತಲಾ ನಾಯಕ, ಪ್ರಾಧ್ಯಾಪಕಿ ಅನಿತಾ ಭಟ್ಟ, ಮಹದೇವ ಉಳ್ಳಾಗಡಿ, ಬಸವರಾಜ ಹುಲಕಟ್ಟಿ, ಲವಲಿ ಪ್ರಭಾ, ಲುಕಾಸ ಲೂಪಿಸ, ಕೆ.ಎ. ನದಾಫ್, ಮಹಾದೇವಿ ಬಡಿಗೇರ, ರೇಖಾ ಅಂಚಟಗೇರಿ ಉಪಸ್ಥಿತರಿದ್ದರು.


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